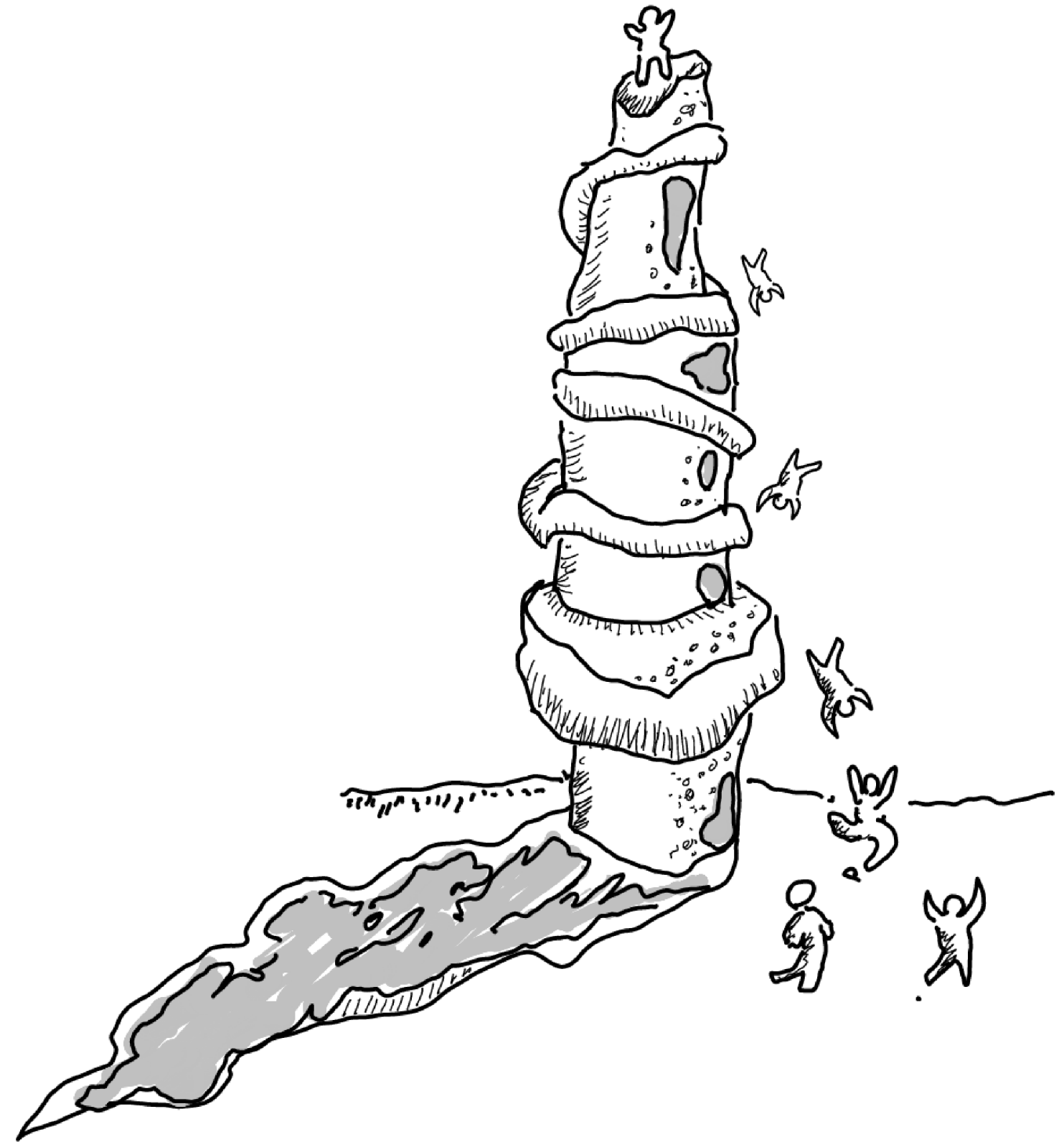
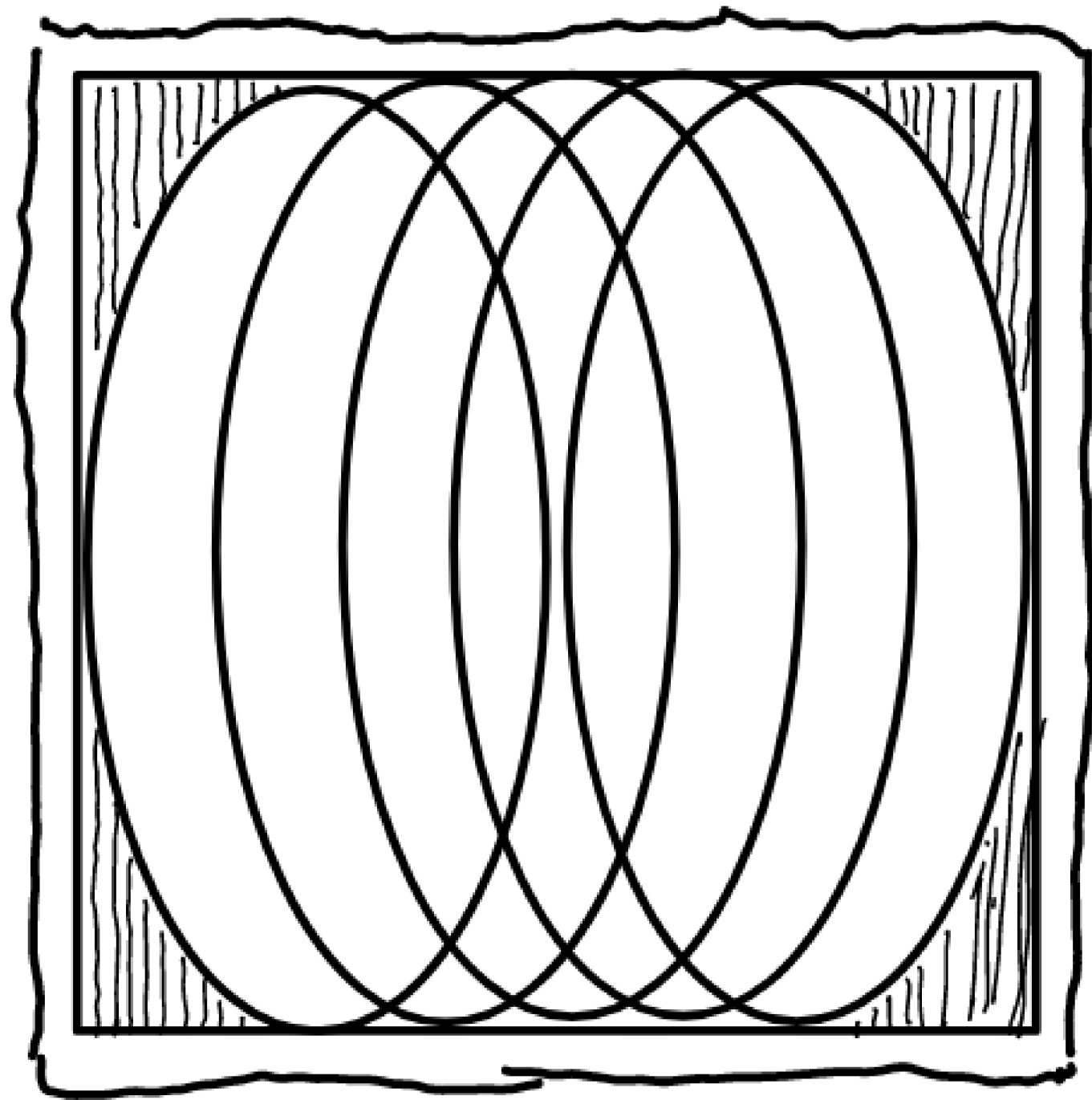


sam jerga

(he/him)

addiction | dhamma | recovery



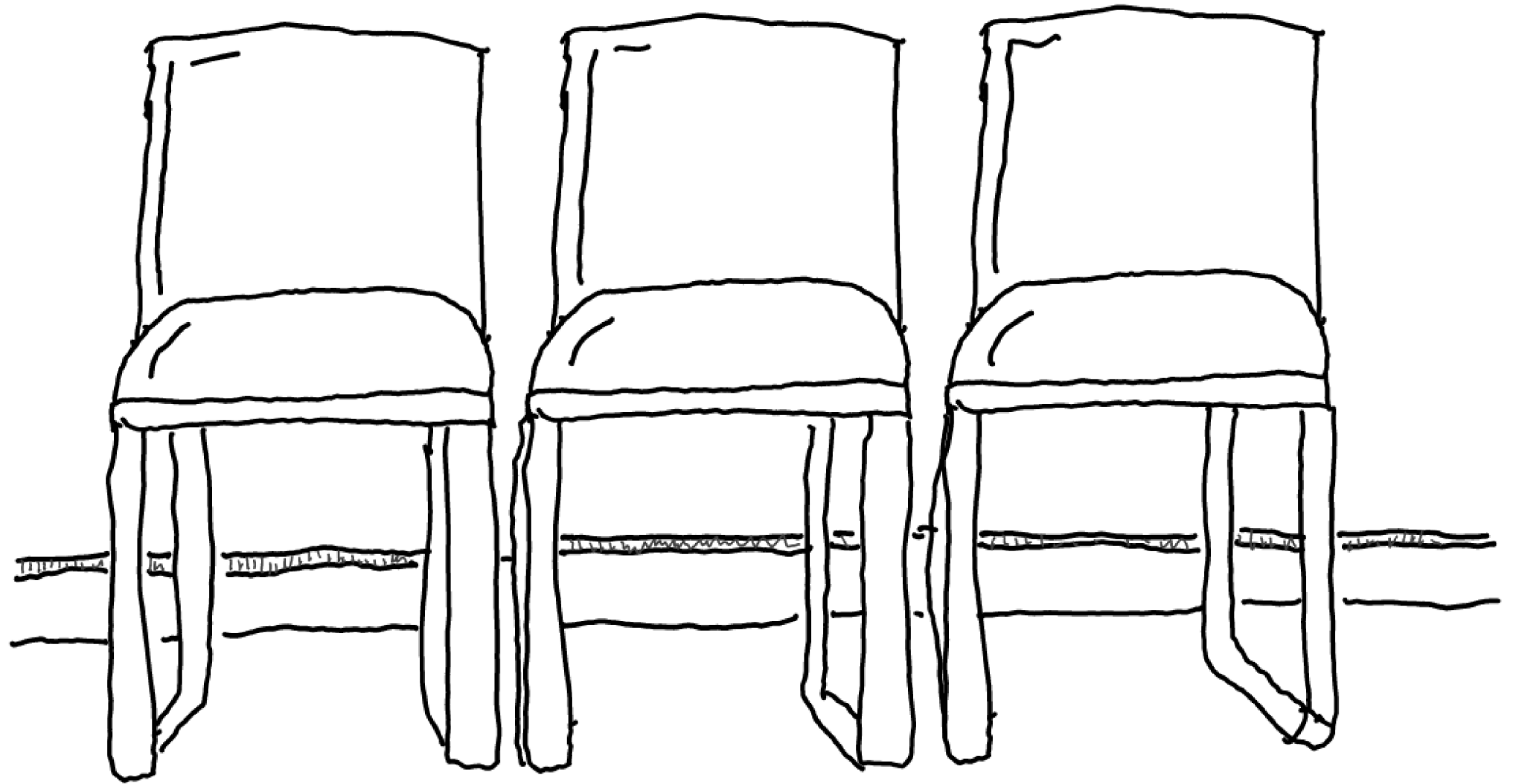


triggers

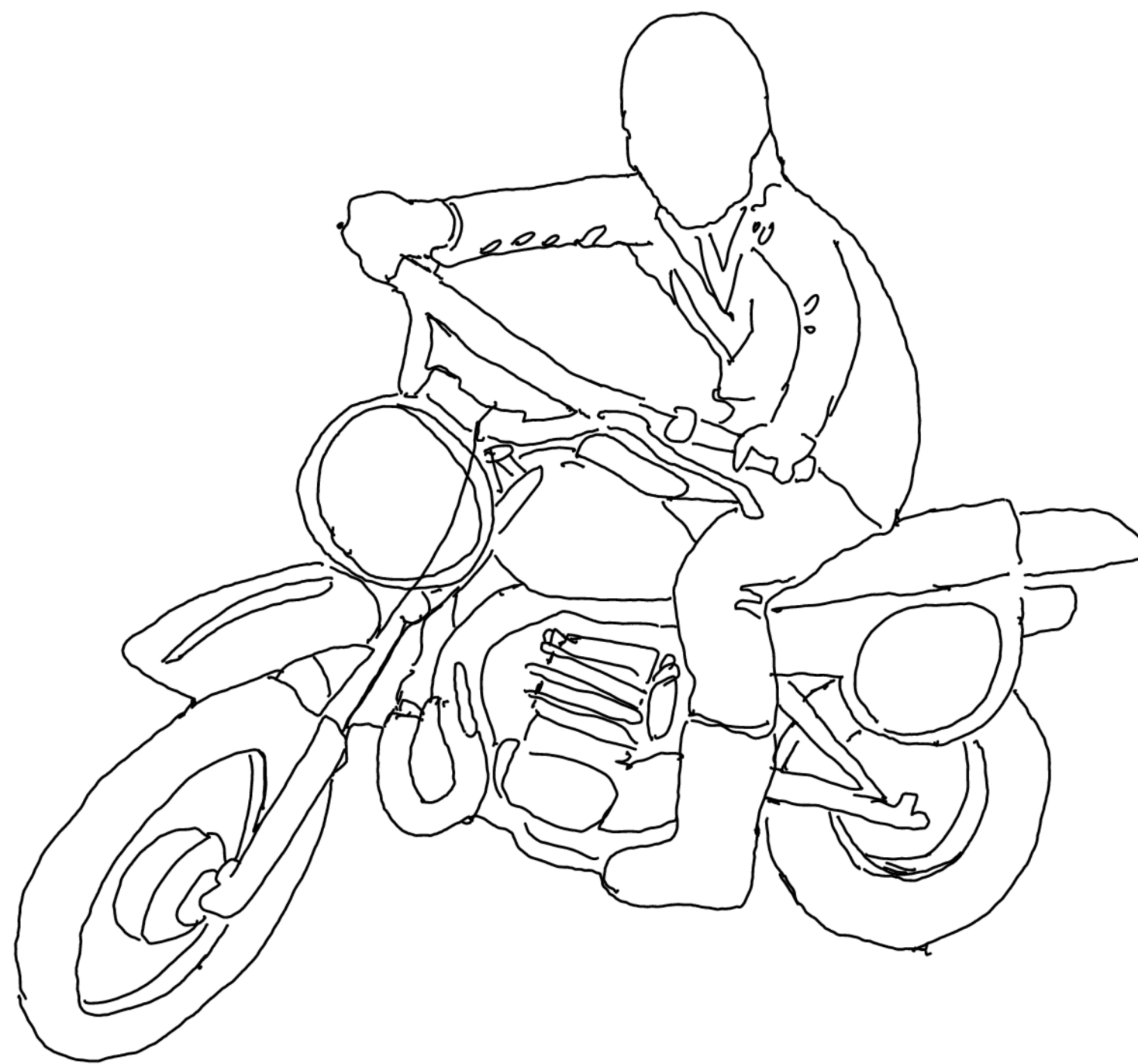
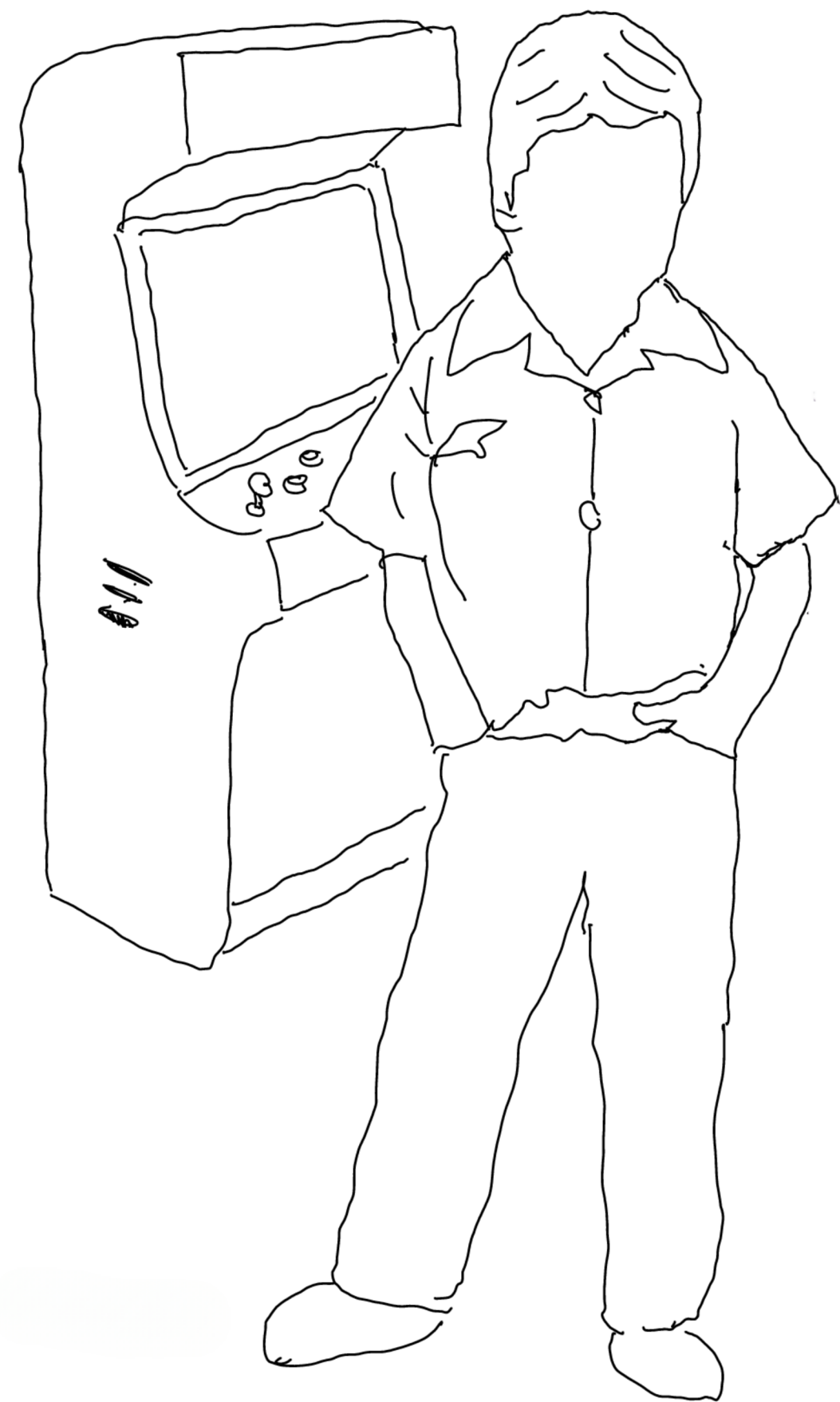
safety

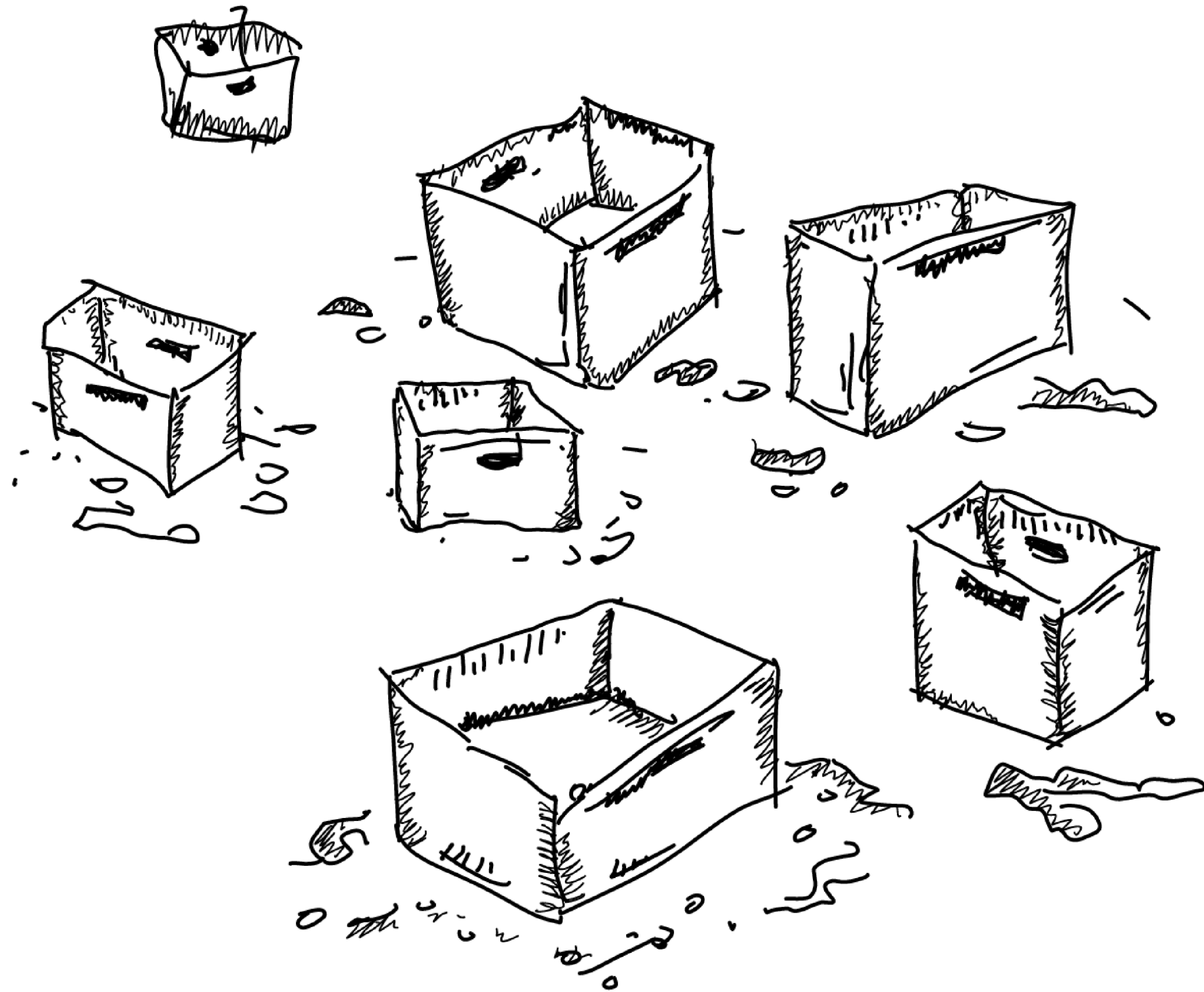
confidentiality

why i'm here



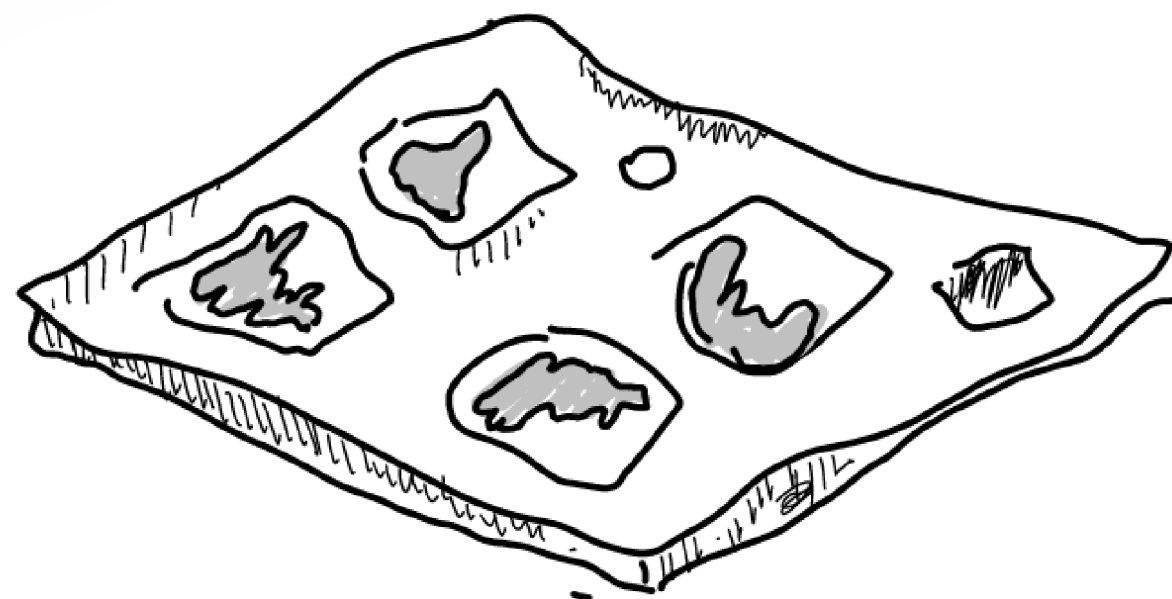
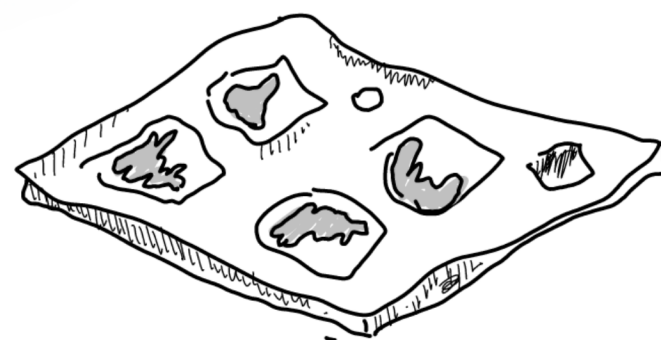
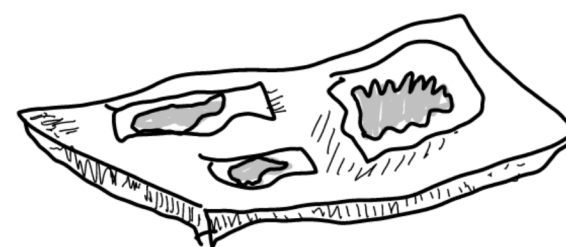
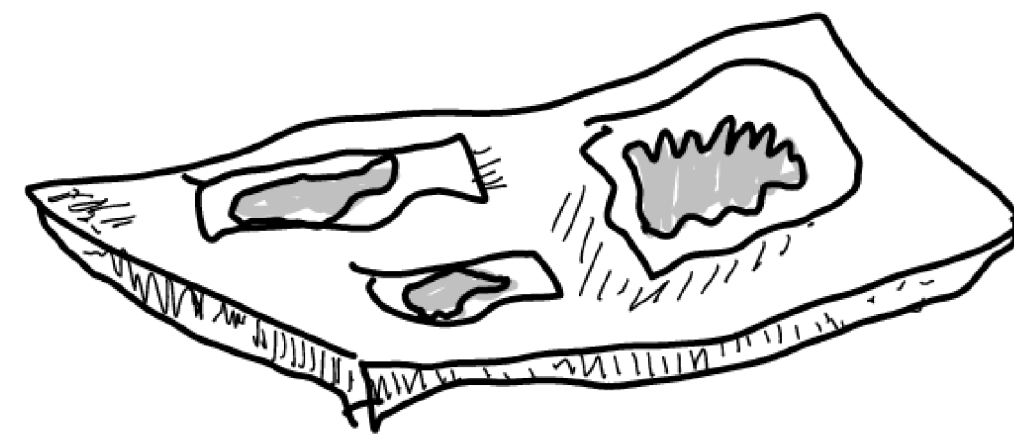
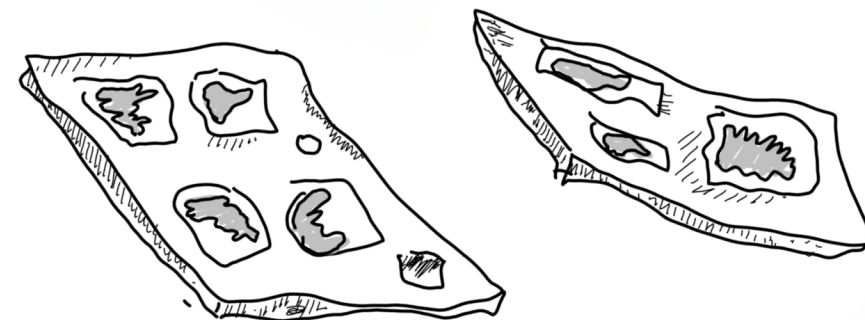
about me



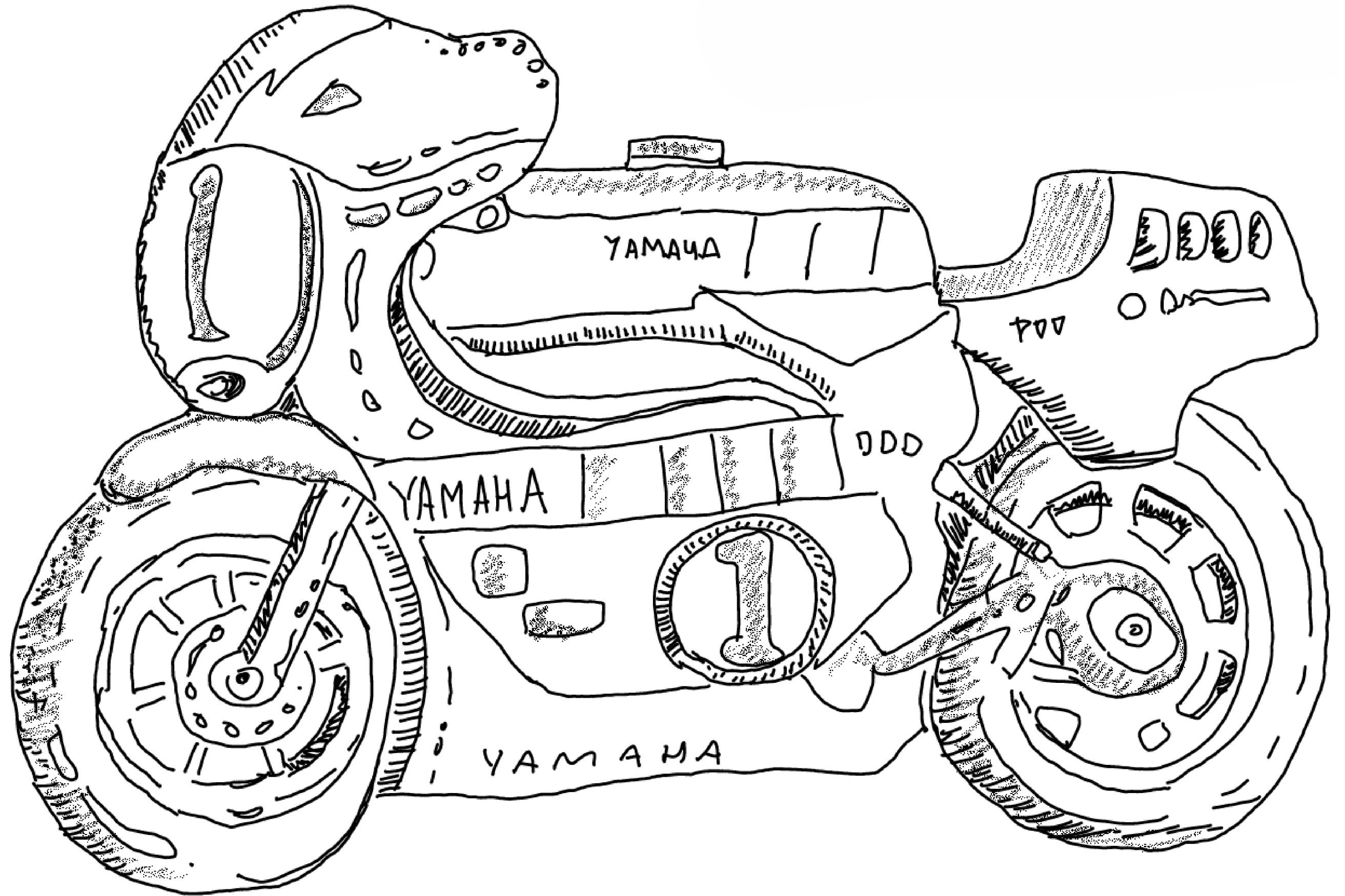


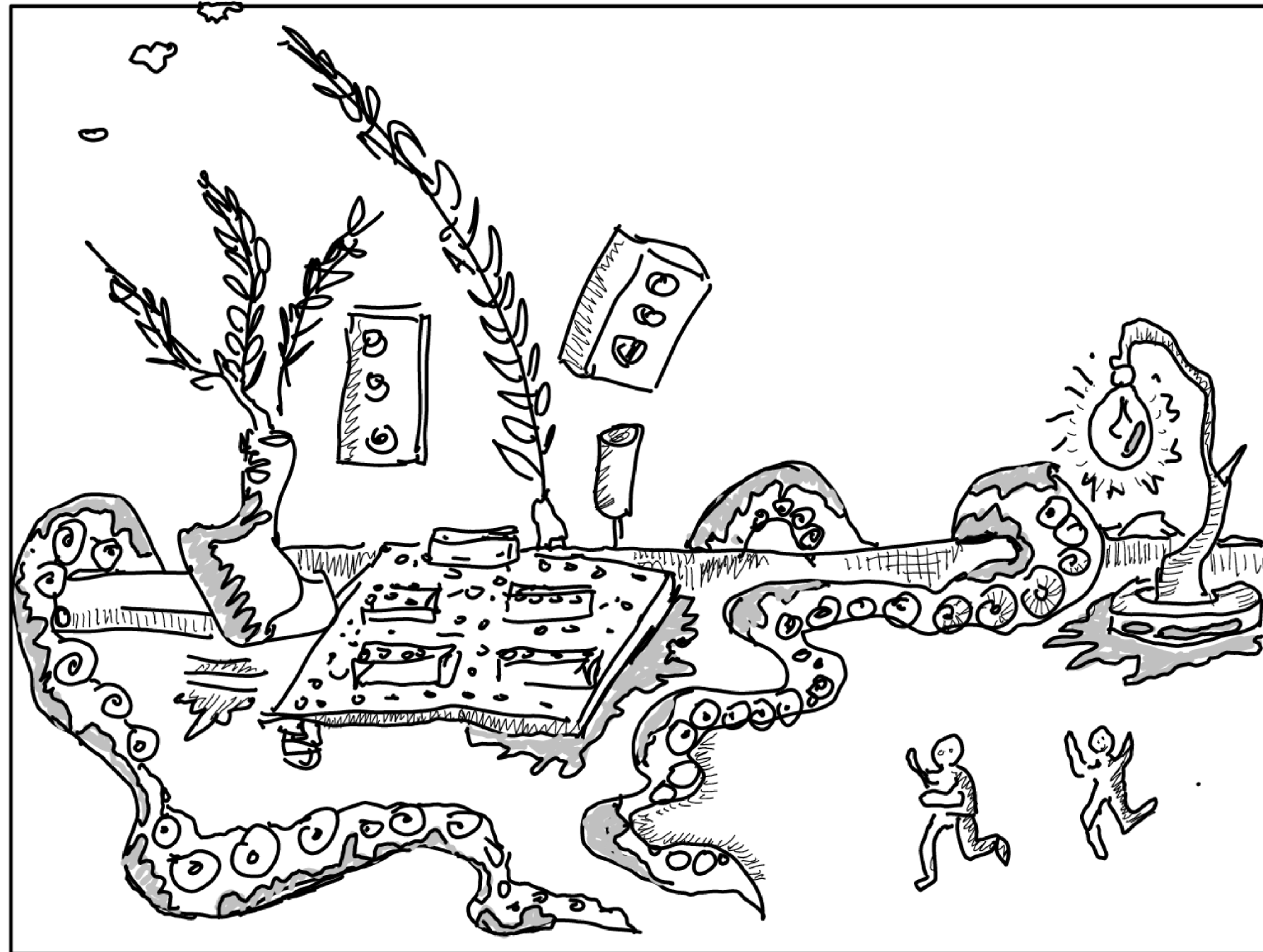
my story

1989

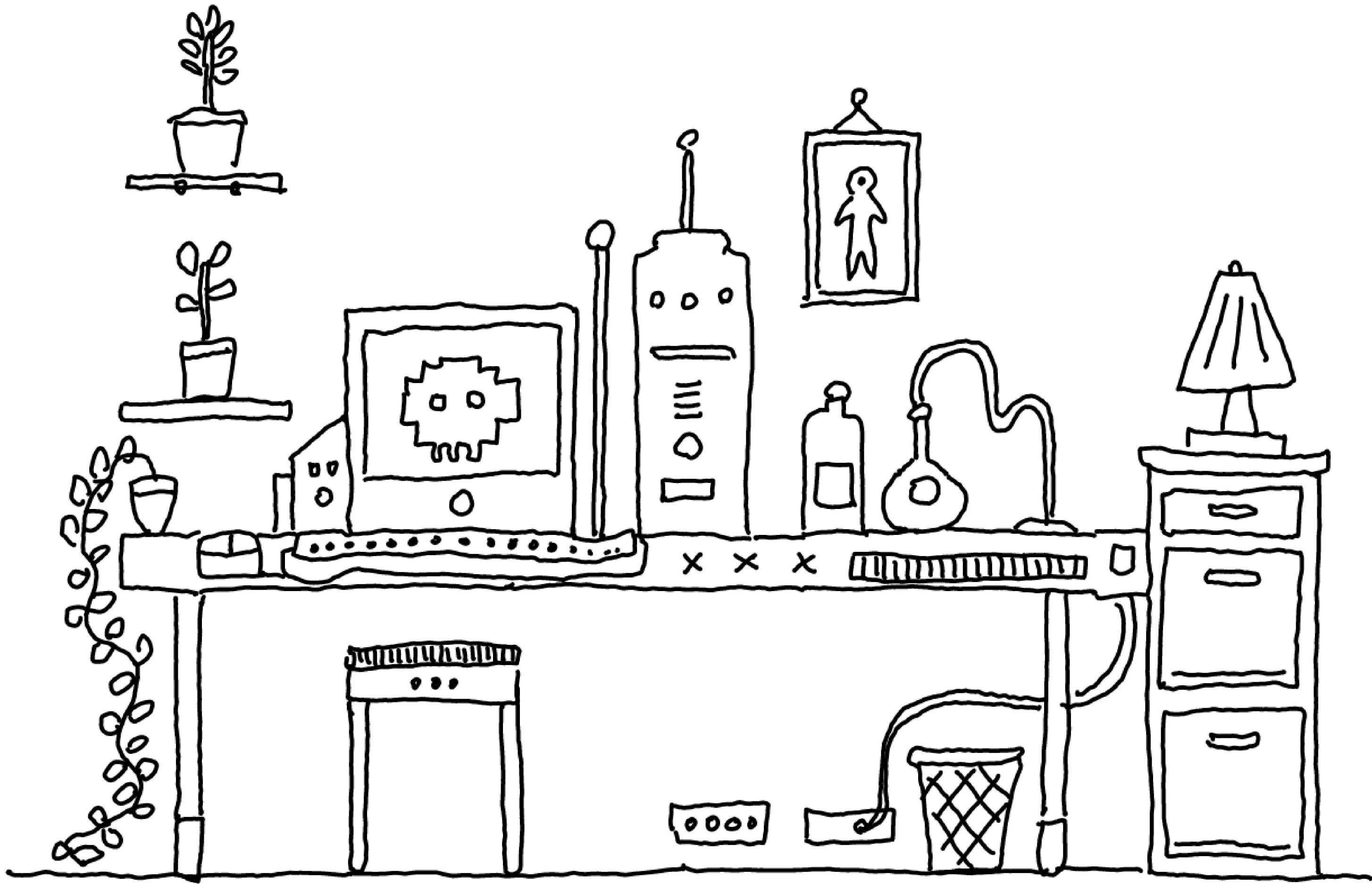


1992

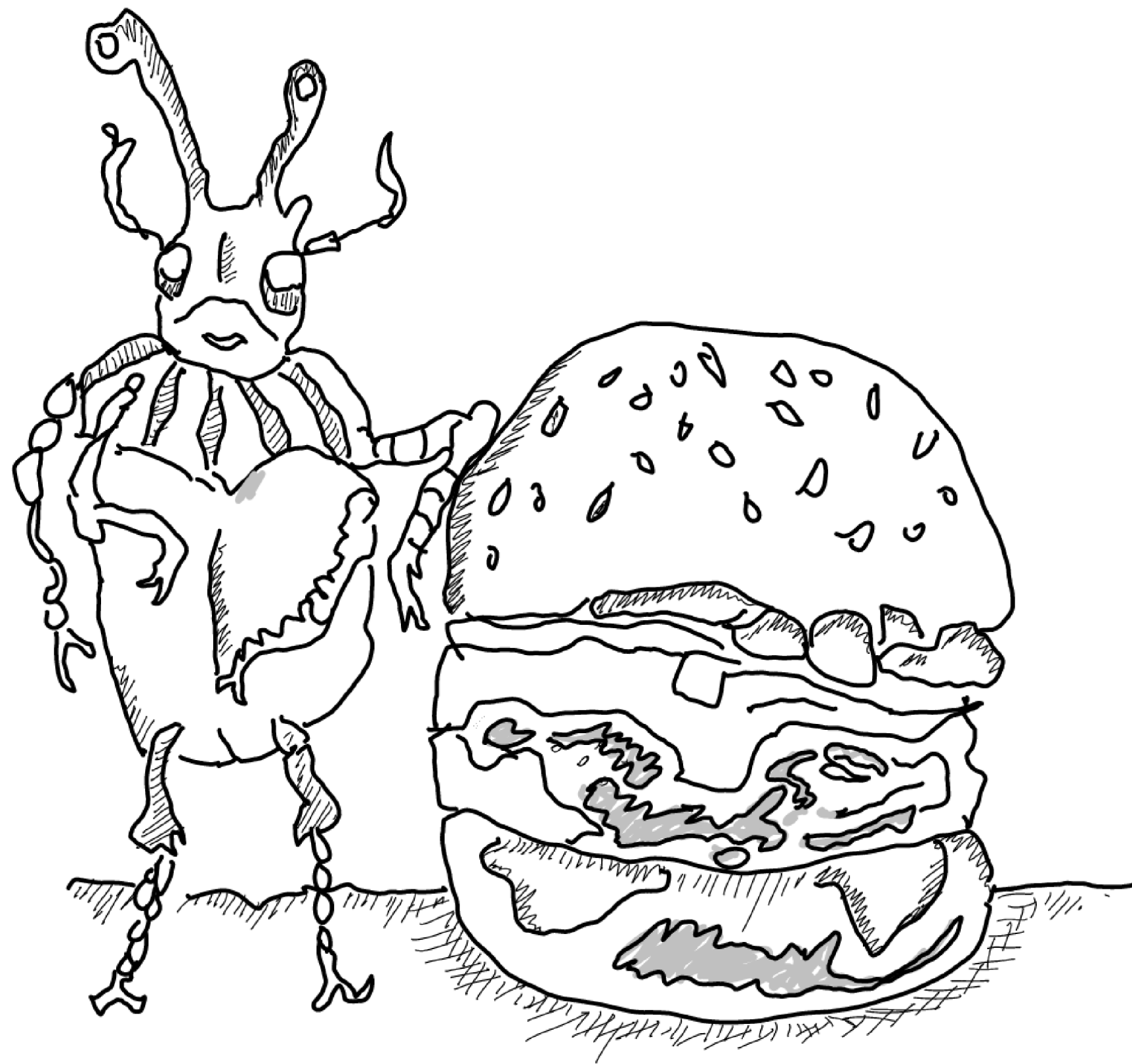




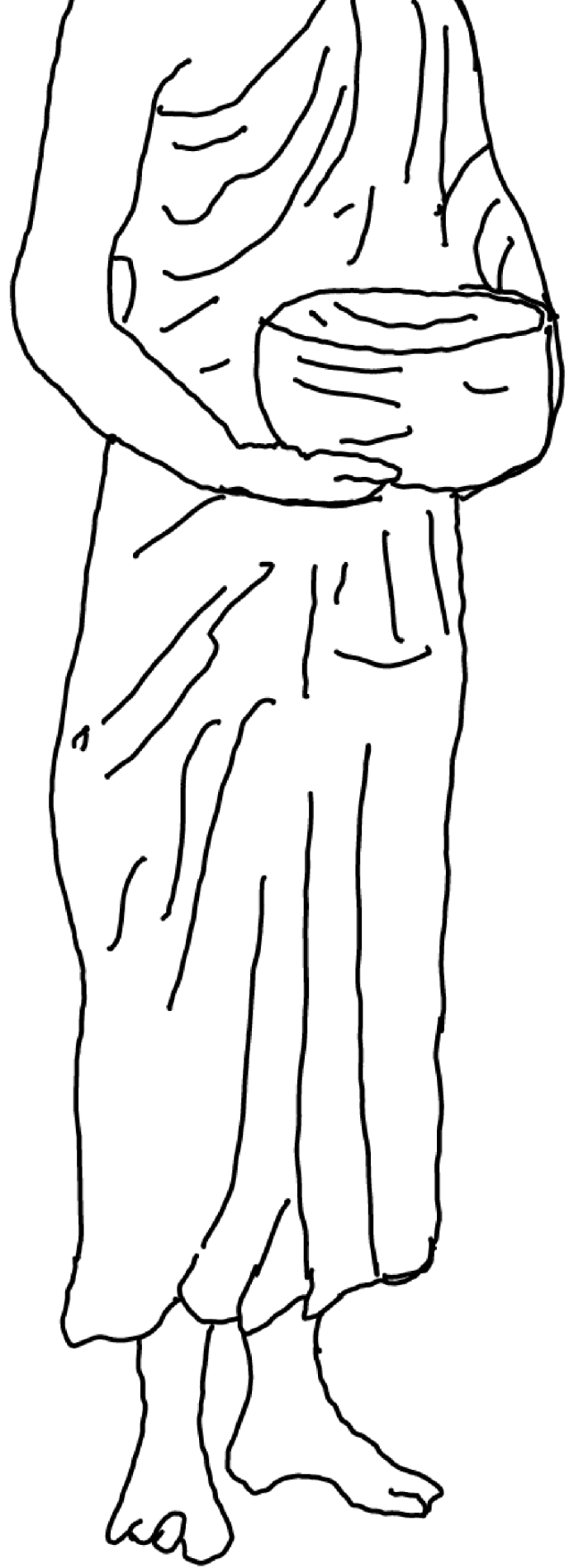
1996



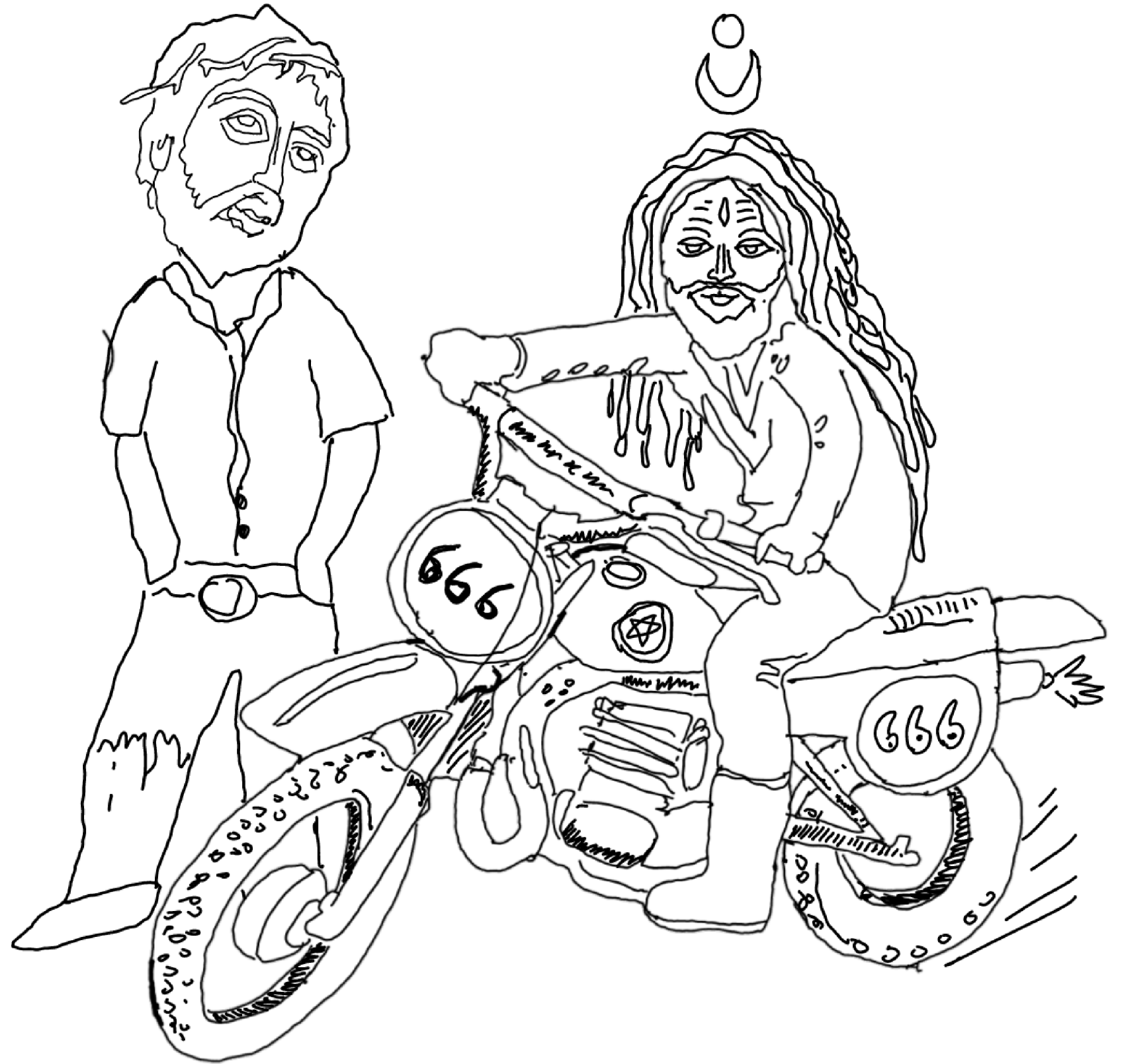
1
9
9
8



2002



2003





2005



2007

2011





SO MANY YEARS
WE ASKED
THE SAME
QUESTIONS

NOTHING
CHANGED



NOTHING



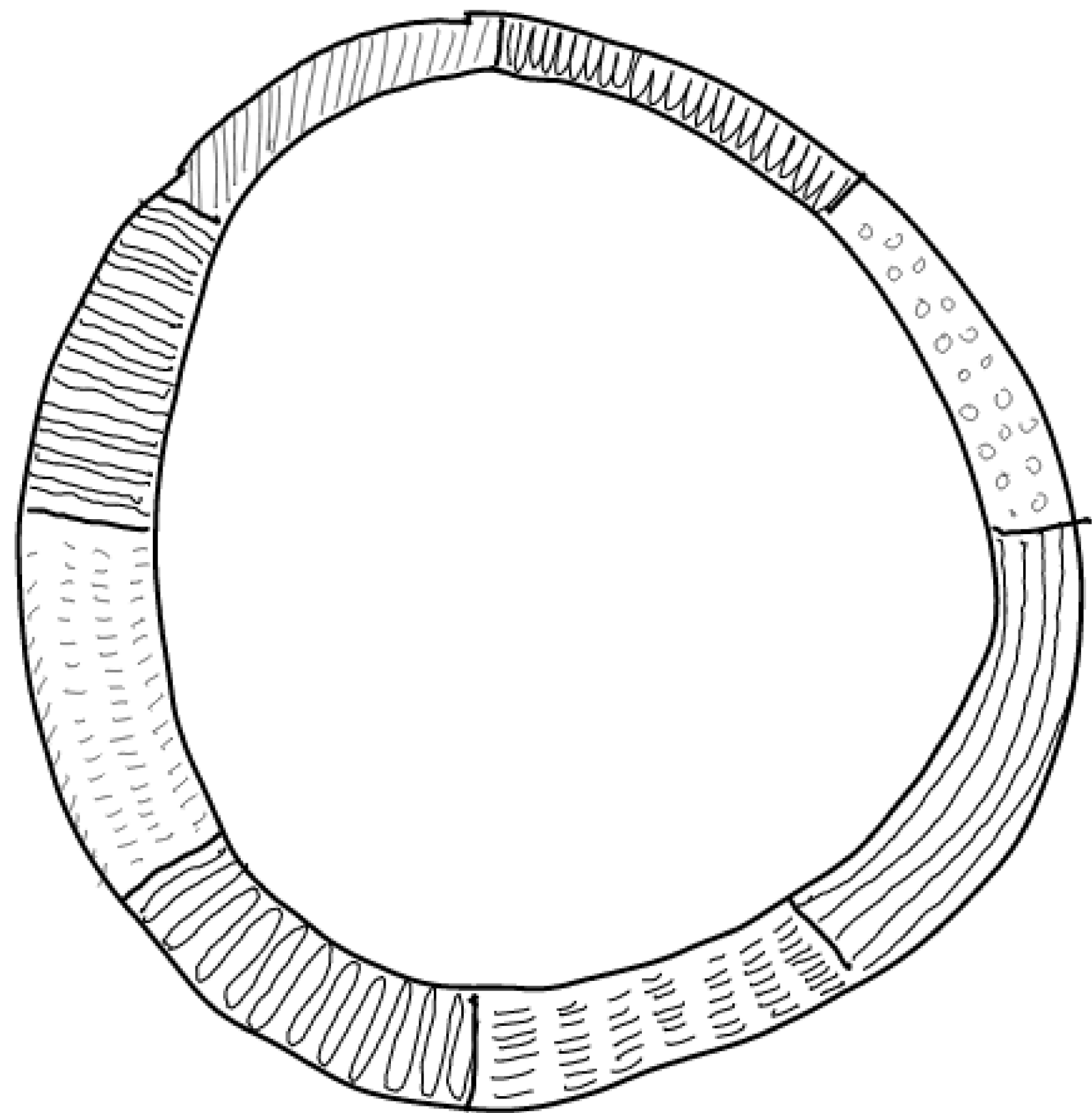
HOPELESS



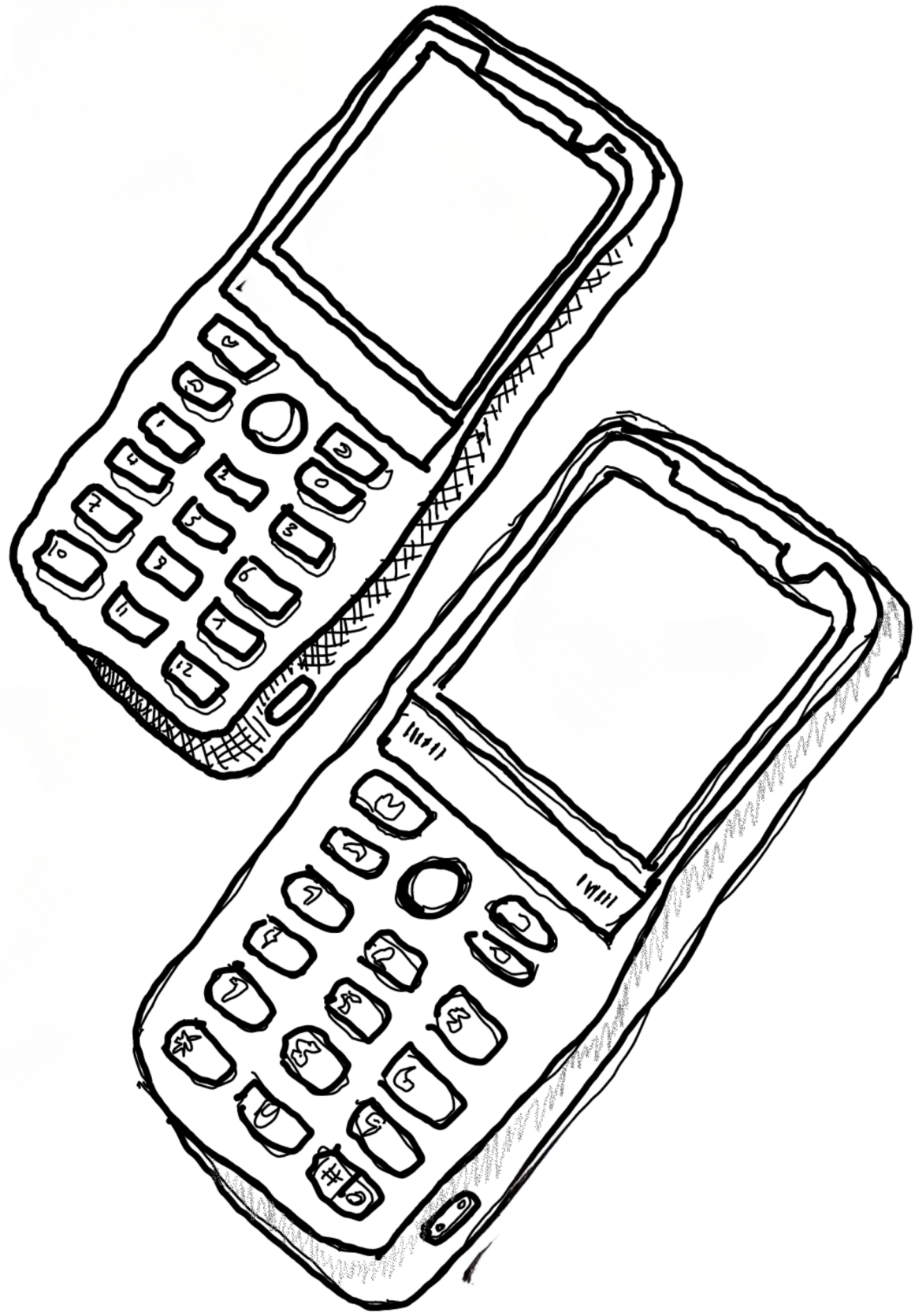
FOR
SO MANY
YEARS
I
HAVEN'T

LIFE
BUT
NOT
LIVING

2018



recovery dharma



what works

what doesn't



